

# JACKSON COUNTY RESOURCES



Illinois Tobacco Quitline  
American Lung Association  
Phone: 1-866-QUIT-YES (1-866-784-8937)  
Website: [www.quityes.org](http://www.quityes.org)  
Hours: Sun-Sat 7am– 11 pm

SIUC Student Wellness Center  
Southern Illinois University-Carbondale  
374 East Grand Avenue  
Carbondale, IL 62901  
Phone: 618-536-4441  
Website: [shc.siu.edu](http://shc.siu.edu)  
Hours: Mon-Fri 8:00a-4:30p

Memorial Hospital of Carbondale  
Deb Newbolds  
405 West Jackson  
Carbondale, IL 62901  
Phone: 618-549-0721 ext. 65616

SIUC Dental Hygiene Clinic  
Joan Davis  
Southern Illinois University- Carbondale  
1365 Douglas Drive  
Carbondale, IL 62901  
Phone: 618-453-8826  
Website: [www.sah.siu.edu/DH/clinic.htm](http://www.sah.siu.edu/DH/clinic.htm)  
Hours: Vary by semester.  
See website for details.

St. Joseph Memorial Hospital  
Diane Moore  
2 South Hospital Drive  
Murphysboro, IL 62966  
Phone: 618-684-3156 ext. 55381

Jackson County Health Department  
Angie Bailey  
415 Health Department Road  
Murphysboro, IL 62966  
Phone: 618-453-3143 ext. 134  
Website: [www.jchdonline.org/](http://www.jchdonline.org/)



Personalized, over the phone smoking cessation for FREE. There is no limit on the number of calls. If you can't get through or are placed on hold, leave a message with your contact information and you will be called back.

One on one smoking cessation counselors are available to SIUC students by appointment. Appointments can be made at the Wellness Center located on the first floor of the Student Health Center.

Individual consultations and counseling for patients who get a physicians order to receive services. FREE handouts available.

Chair-side cessation intervention, referrals, quit kits and pamphlets available to SIUC students, faculty and community residents.

Individual consultations and counseling for patients who get a physicians order to receive services. Handouts and phone follow-ups available for FREE.

Offers FREE educational materials and serves as a source of information and referral to further services.

