

ILLINOIS TOBACCO QUITLINE



The Illinois Tobacco Quitline (ITQL) is funded by the state of Illinois to provide tobacco cessation services, free of charge, over the telephone. ITQL services are available to all residents of Illinois regardless of location.

Counseling is the backbone of the Illinois Tobacco Quitline program. Clients are educated and counseled in tobacco cessation to create a solid basis for a plan tailored to each individual's needs.

The use of nicotine replacement therapies and medications are integrated into the cessation program, with a special emphasis on behavioral modification.

Throughout the counseling process the client and counselor will discuss the “ins and outs” of physical addiction and withdrawal, behavior patterns and triggers as obstacles to quitting, distracters and coping strategies. Calls to the Illinois Tobacco Quitline are not limited: we accept calls from clients for as long as they feel they need our support and assistance.

Our staff of registered nurses, respiratory therapists and certified tobacco treatment specialists attend accredited Nicotine Dependence training programs at renowned medical research and education centers, to become skilled in smoking cessation therapies.

Each of our nurses and therapists has at least 20 years of medical experience and is qualified to answer questions regarding lung health and disease, in addition to providing guidance in tobacco cessation.

The Illinois Tobacco Quitline functions under the direction of a Medical Advisory Board, comprised of physicians who are board certified allergists and pulmonologists, to ensure that the information shared is timely, accurate, and consistent with current accepted clinical practice.

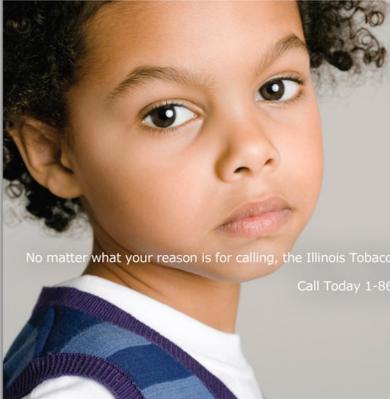
The Illinois Tobacco Quitline's performance is reviewed on an ongoing basis so that the best possible service can be provided. All aspects of the Quitline service are evaluated by clients and partners ensure quality control.

Illinois Tobacco Quitline Facts

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| <ul style="list-style-type: none">• Phone - 1-866-QUIT-YES (1-866-784-8937)• It's Free• All services are completely confidential• Convenient hours of operation: DAILY— 7 a.m. to 11 p.m. (Central Time)• Staffed by registered nurses, respiratory therapists, and certified tobacco treatment specialists• Spanish-speaking staff members on-site | <ul style="list-style-type: none">• Educational materials available in Spanish, Chinese, Khmer, Vietnamese and Polish• Access to more than 200 other languages• TDD for the Deaf and Hard of Hearing: 1-800-501-1068• Website: www.quityes.org; access to our chat line, talk with a quitline staff member live• The services are unlimited—clients can call as often as they need to. |
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ILLINOIS TOBACCO QUITLINE MATERIALS

"I want you to call 1-866-Quit-Yes so you will quit smoking.



So you'll be there for my high school graduation.
For my college graduation.
For my wedding.
For me.
Call 1-866-Quit-Yes because you love me.
Because I love you."

No matter what your reason is for calling, the Illinois Tobacco Quitline can help you quit smoking once and for all.
Call Today 1-866-Quit-Yes (1-866-784-8937) TDD: 1-800-501-1068

for me

The Illinois Tobacco Quitline, a free service, is committed to working with tobacco users to offer counseling services and assist in acquiring cessation aides such as patches, gum and lozenges.
Sponsored by the Illinois Department of Public Health and in partnership with the American Lung Association in Illinois.




You Can Quit.
Let us show you how.

1-866 QUIT-YES
Call now...for FREE!



ILLINOIS DEPARTMENT OF PUBLIC HEALTH
AMERICAN LUNG ASSOCIATION OF ILLINOIS
Where Quitters Always Win!



ILLINOIS TOBACCO QUITLINE
ILLINOIS DEPARTMENT OF PUBLIC HEALTH
AMERICAN LUNG ASSOCIATION OF ILLINOIS
Where Quitters Always Win!

Call Us...Its FREE!! 1-866-QUIT-YES • 1-866-784-8937
Open 7 Days a Week • 7 a.m. to 11 p.m. • TTY 1-800-501-1068
Visit Us On The Web: www.quityes.org

To order these and other Quitline materials please fill out the provided materials order form or you may download additional order forms at www.quityes.org



ILLINOIS TOBACCO QUITLINE
Where Quitters Always Win!

1-866-QUIT-YES
1-866-784-8937
DAILY 7AM -11PM

ILLINOIS TOBACCO QUITLINE SERVICES: The Quitline staff offers encouragement and support throughout the quitting process and can help you:

- 🕒 Develop a clear plan for quitting
- 🕒 Select the best strategies for you
- 🕒 Determine the proper dosage of nicotine products
- 🕒 Work on healthy behaviors to help prevent relapse

Use of QUITLINE services can improve success rates up to 56%!

FAX REFERRAL INFORMATION



Illinois Tobacco Quitline Electronic Fax Referral/Electronic Medical Record Program

Tobacco users who receive advice and resources to quit from their health care provider have higher satisfaction rates yet, only 33% of tobacco users report being advised to quit and referred to a program by a doctor. In addition, providers and clinic staff often do not have the time in their busy schedules or the necessary counseling skills to effectively counsel patients on tobacco cessation.

The growing implementation of Fax Referral/ Electronic Fax Referral and Electronic Medical Records (EMR) in primary care may provide an opportunity to more systematically identify and refer smokers to the Illinois Tobacco Quitline (ITQL), thereby increasing the number of smokers who receive help for tobacco dependence.

If a health care provider recommends quitting and makes a treatment referral, clients are more likely to make a quit attempt and ultimately stop smoking. Fax Referrals give providers an additional opportunity to easily, quickly, and effectively connect clients with individualized tobacco cessation help. Simply, print of copy the referral form and type, stamp or write in your Provider Information to personalize the form for your use if you so choose.

- Once client consents to being contacted by the Illinois Tobacco Quitline, have the client complete contact information and sign the form. Please fill in the form completely, also filling in Assessment and Assistance checkboxes. Be sure to get the Patient or Patient Representative Signature.
- Please use the 5A's (Ask, Advise, Assess, Assist, Arrange) to assess clients readiness and assistance to quit sections.
- Once the fax referral is completed, fax it to 217-787-5916. It's that easy!
- The ITQL will call the client and begin the tobacco cessation counseling protocol.

Provider Follow-Up:

Providers are encouraged to arrange follow-up appointments to discuss the client's progress towards cessation.

Important things to know:

Fax Referrals may ONLY be used if the client gives their written consent.

In order to use Fax Referrals your practice must be a HIPAA Covered Entity (e.g., doctor's office, dentist's office, hospital, clinic or agency site) **Important things to know:**

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1 - 866 - QUIT - YES
1 - 866 - 784 - 8937

TTY for Hearing Impaired 1-800-501-1068

Tobacco Treatment Enrollment Form

PATIENT INFORMATION -- Please Print and Stay in the Boxes

FIRST NAME

LAST NAME

MAILING ADDRESS

CITY

STATE ZIP

EMAIL ADDRESS

PHONE NUMBER

ALTERNATE PHONE

DATE OF BIRTH

GENDER

MALE FEMALE

RACE / ETHNICITY

LANGUAGE

ENGLISH SPANISH OTHER (Specify)

PREGNANT

YES NO

HFS PARTICIPANT

YES NO

MAY WE LEAVE A MESSAGE?

YES NO

WHEN SHOULD WE CALL?

7 am - 10am

10am - 1pm

1pm - 4pm

4pm - 7pm

7pm - 9pm

9pm - 11pm

PATIENT SIGNATURE

I authorize my provider to release the information on this enrollment form to the Illinois Tobacco Quitline for purposes of my participation in the tobacco cessation program and also authorize the Illinois Tobacco Quitline and its representatives to contact me at the phone number(s) I have listed above. I give the Quitline and the referring agency permission to discuss my use of service.

X

SIGNATURE OF THE PATIENT OR PATIENT'S REPRESENTATIVE

DATE

X

PRINTED NAME OF PATIENT REPRESENTATIVE

RELATIONSHIP TO PATIENT

HEALTHCARE PROFESSIONAL

CLINIC NAME:

PHONE:

FAX:

SIGNATURE of Clinic Personnel:

X

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FAX THIS FORM TO: 217 - 787 - 5916