

- PUBLIC HEALTH ALERT -

Jackson County Health Department

JULY 26, 2020

BOTTOM LINE UP FRONT

Immediate actions are needed by young adults in Jackson County to stem the tide of new COVID-19 infections.

SITUATION

Almost 70% of the COVID-19 cases reported in July in Jackson County have been individuals in their late teens to mid –twenties. Currently, transmission in the community is being driven by young adults. While many young adults do not suffer significant symptoms from COVID-19, some do. In addition, as the spread continues, the disease will eventually reach those who are more susceptible (elderly, those with chronic health conditions), and they tend to fare far worse from this disease. Over the past nine days, Jackson County has averaged over 16 new cases of COVID-19 per day. Absent the actions listed below, we can expect the increasing rate of new cases to continue.

ACTION

Young adults in Jackson County, Illinois should immediately take the following actions:

- 1) Avoid parties and large gatherings - crowds are an ideal environment for spreading COVID-19.
- 2) Do not share beverages or vaping devices, and do not smoke or vape in groups.
- 3) Practice social distancing - keep a 6ft space between yourself and others as much as possible.
- 4) Wear a face mask or face covering when around others.
- 5) Stay home if you are sick, even if you only have mild symptoms.
- 6) Model behaviors for your peers to follow.
- 7) Return calls to public health officials and follow their instructions.